



ADVANCED REHABILITATION SERVICES to get your employee back to work

Gundersen Business Development offers the most comprehensive prevention and rehabilitation services for Tri-state Region businesses and industries.

Our Advanced Rehabilitation Services offers functional capacity evaluations (FCE), work rehabilitation classes to maximize injured workers' functional abilities for safely and effectively returning to work and fit for duty tests to determine if an employee is able to return to work after an injury.

Functional Capacity Evaluations

- A comprehensive medical assessment of an individual's functional tolerance for safe movements and physical limitations for overall physical abilities.
- It is a 5-hour evaluation to determine physical capabilities captured in 2 separate days (3 hours day one, 2 hours the following day)
- Assesses areas of range of motion, strength, stamina, various and awkward positioning, lifting/carrying objects and other job specific tests.

Work Rehabilitation Program

This program provides an injured employee a specific work rehabilitation plan 3-5 days per week that simulates real work activities for improvement in strength, range of motion, function and safe movement. It includes:

- Body mechanics instruction
- Evaluation of functional status
- Conditioning
- Functional Strengthening

Fit for Duty evaluations

- Assessment to determine if an employee can return to specific job duties following an injury or another event that takes them away from performing their work for a period of time.

To learn more about services for your employees, please contact Business Development at (608) 775-8700 or (800) 731-4431, ext. 58700.

These services are located at Gundersen Medical Center in La Crosse.

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