Minutes in 10t1011

ACTIVITY CHALLENGE

Healthy • Active • Community



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	2	3	4	5	6	7
APR	IL					
	☐ 30 MINUTE GOAL					
8	9	10	11	12	13	14
	☐ 30 MINUTE GOAL					
15	16	17	18	19	20	21
	☐ 30 MINUTE GOAL					
22	23	24	25	26	27	28
	☐ 30 MINUTE GOAL					
29	30		2	3	4	5
	☐ 30 MINUTE GOAL					
6 SO MINISTE GOAL	7 □ 30 MINUTE GOAL	8 D 30 MINUTE GOAL	9 SO MINUTE GOAL	10	11 SO MINUTE GOAL	□ 30 MINUTE GOAL
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